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Hallie Waugh  
communications specialist  
NewView Oklahoma  
D 405-605-3377 | M 615-618-5038

[hwaugh@newviewoklahoma.org](mailto:hwaugh@newviewoklahoma.org)



**Teenagers who are blind learn to water ski at NewView's free summer camp**

*NewView Oklahoma hosts OWL (Oklahomans Without Limits) Camp at Lake Tenkiller*

**Tulsa, OK (July 12, 2019)** – Summer is the perfect time for teens to engage in outdoor sports and activities, and that includes teens who experience vision loss. That's why NewView Oklahoma hosts OWL (Oklahomans Without Limits) Camp each year, a free summer camp for children and teens who are blind or visually impaired. At this year's camp, 14 teens, ages 15 to 18, will stay at the NewView/Globe Life Lodge on Lake Tenkiller from July 19 to 22.

OWL Camp activities are intentionally designed to encourage collaboration, improve self-esteem, and challenge societal and self-imposed limits. Throughout the weekend, campers will work with instructors from No Limits Adaptive Waterski to learn how to ski using adaptive techniques.

No Limits is a family-owned ski school that specializes in using adaptive techniques to teach people with disabilities to waterski. Originally from England, the team is now based in Orlando and travels to Oklahoma each year to teach OWL Campers.

"It's an incredible feeling," ski instructor Camy Leagas said. "The children start out nervous about trying something new, and then when they get out on the water, the smile that comes across their face—it's a feeling like nothing else."

"The goal of OWL Camp is to teach teens with visual impairments that they can do anything they set their mind to," said Ronita Jones, NewView's senior director of rehabilitative and clinical services. "It's inspiring to see them push their limits and try something they've never done before."

This is the first year that campers will stay at the NewView/Globe Life Lodge, a large property on Lake Tenkiller that Globe Life donated to NewView in January of 2019.

To learn more about OWL Camp and other community programs at NewView, visit [nvoklahoma.org/community-programs](http://nvoklahoma.org/community-programs).

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**About NewView Oklahoma:**

NewView Oklahoma is a private, not-for-profit organization founded in 1949 with a mission to empower people who are blind and visually impaired to achieve their maximum level of independence through employment, low vision rehabilitation, and community outreach. NewView Oklahoma is the leading employer of the blind and visually impaired individuals in Oklahoma and offers the only comprehensive Low Vision clinics in the state. Visit online at [www.newviewoklahoma.org](http://www.newviewoklahoma.org) or follow on Facebook and on Twitter.